MAY 20  BISON REC  JULY 26

SUMMER GROUP FITNESS

M T W TH F

6:30 - 7:30 AM  Fac/Staff Only
Fac/Staff Only  BOOTCAMP
BOOTCAMP

Noon - 1:00 PM
Fac/Staff Only
YOGA
Renee

11:00 - 11:45 AM
YOGA
Renee

Noon - 12:45 PM
SPINNING
Liz

11:00 - 11:45 AM
YOGA
Cheri

Noon - 1:00 PM
SPINNING
Liz

Noon - 1:00 PM
KICKBOXING /H.I.T.*
Will

Noon - 1:00 PM
KICKBOXING /H.I.T.*
Will

4:00 - 5:00 PM
Fac/Staff Only
TBC
Dolores

4:00 - 5:00 PM
WARRIOR RIDE/
WARRIOR WORKOUT
Jason

4:00 - 5:00 PM
Fac/Staff Only
TBC
Dolores

4:00 - 5:00 PM
WARRIOR RIDE/
WARRIOR WORKOUT
Jason

4:00 - 5:00 PM
Fac/Staff Only
TBC
Dolores

* Indicates Class size is limited.

Be the first to know by following us!

@Bucknell_Rec  Bison Rec  @Bison Rec

Sign up for each class through the IMLeagues App. Registration begins
1 hour prior to class start time.